...a 3crg Circuit Time Trials 2022

(Promoted for and on behalf of Cycling Time Trials under their rules and Regulations)

Glorious Goodwood Circuit Races ~ Course P917/10 Saturday16th July ~ from 18:00hrs ~ 10-mile TT

The Iconic Goodwood Motor Racing Circuit ~ Chichester PO18 0PX

The Last of the Summer Whine, "I got held up at the chicane" . . . Saturday Evening Time Trials for 2022

(though, we still have a couple of Wednesdays)

featuring

The National Youth Championship (South DC Qualifier)

The South District 10 mile TT Championship for Road Bikes & TT Bikes

Timekeeping Crew: Trevor Beauchamp, Maria Golden, Martin Whitty,

Graeme Stirzaker & AON

Start Line Stewards: Neil Mackley (Speaker), David Shepherd

Motorcycle Marshals: Steve Humphrey, Colin Enticknap

Signing-On & Reception: Lucy Mitchell, Mike Garner

Photography by: Sheena Booker

There are "Provisional Results" available on-line during the event via: https://resultsheet.co.uk

Event Secretary: David Collard-Berry, 59 Midhurst Road Fernhurst Haslemere GU27 3EN Tel.: 01428 651843 ~ mobile : 07770 885428 ~ email dcb@a3crg.co.uk

Medals & Certificates For the National Youth Championship with be presented at the end of the event to the South DC Qualifiers (members of South DC Clubs or attending school in the area), we should be all finished & cleared away by 20:30.

There will be time between 18:00 & 18:25 to warm up on the track (no riders going to warm -up on the track after 18:20)

Road Bike Regs: No Aero Bars, Pointy Hat & Disc Wheel (Max wheel Depth 90mm)

This is a 30 second Start Time Event, check your start time, late starts may not be an option.

IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the event promoters require you to wear a HARD-SHELL HELMET that meets an internationally accepted safety standard. It is also <u>compulsory</u> that a WORKING FRONT & REAR LIGHT, either flashing or constant, is fitted to the machine in a position visible to following road users and is active while the machine is in use

Bring your own Pen, you need this to write down your race number on one hand so you don't forget it, also useful to write on your other hand how many laps you are doing

Gates will open (for us) at 17:30 ~ Please don't arrive early as another event will be taking place.

Procedure for the Event:

- Please Respect Covid-19 Conditions: If you have Covid like symptoms, persistent cough, lack of taste & smell or you have left your wallet at home, please do not attend.
- If you have road race pockets for your number, please use the left-hand pocket to aid the finishers.
- Do not walk across the airfield, it is an active aerodrome, rotor blades can make a mess of you & also tears your skinsuit.
- Look where you are going, keep your head up,
- If caught, ease back; do not take pace on the wheel of the rider who caught you
- If passing a rider, please make sure the effort is enough to pass completely
- Last Lap, stay on the Left inside the black Cones on the Finish Section, and shouting your number out as you finish.

Though the course is on the perimeter of a working Airfield, you are not required to have a flashing orange beacon affixed to your helmet, however.... you are still required to have a working front & rear light fixed to your bike & switched on during your event.

Course Length 10 miles (4 & bit Laps) for all events:

The Start is at Pit Number 15. After leaving the Pit Lane proceed with care onto the circuit keeping the right handside, bear right following the circuit. After passing a "Radio Mast" on your right handside you will pass the finishing area, you are now starting your first lap. Keep going right, then right, then a little wiggle at St Mary's, then bear right ready to go down the Lavant Straight (Big Gear). At Woodcote there are two rights then a left & you are now on the (Circuit) "Pit Straight", make sure you are in the middle of the circuit.

After bearing right, you are are approaching the finish area, you have completed your first lap. You are now starting your second lap, after completing your second lap at this point, you will of course be starting your third lap.

After completing your third lap you are starting your fourth & final full lap. When you come onto the (Circuit) "Pit Straight" bear in mind you need to keep left, so that you are in-line to go through the coned finish lane **to finish** (10 miles). DO NOT NOT CUT ACROSS THE CIRCUIT AT THE END OF THE STRAIGHT AT THE FIRST BEND (INSIDE TO OUTSIDE).

All Ten Mile times set during this Open Event (unlike club event times) are "Official" & can be used for updating any PB's, used for qualifying for National Championships, Veteran Standards & Age Group Records.

If you do not finish, please let us know, do not wander off home in a sulk & please put your number in the bin provided.

Event 1: ~ Men's South DC Road Bike Championship, 4 & bit Laps = 10-miles Road Bike Record Crispin Doyle 0021:24

Num	Rider	Squadra/Team/Club	Cat	Départ
11	Stephen Skinner	Velo Club St Raphael	Vet-F	18:35:30

Event 2: Femmes South DC Road Bike Championship, 4 & bit Laps = 10-miles Womens Road Bike Record: Celia Brown 00:24:29

Num	Rider	Squadra/Team/Club	Cat	Départ
12	Dawn Cousins	Sotonia CC	WVet-B	18:36:00
13	Cath Wallace	Crabwood Cycling Club	WVet-C	18:36:30
14	Kirsty Cook	West Wight Wheelers	WVet-C	18:37:00

15	Kate Stillwell	Petersfield Triathlon Club	WSen	18:37:30
16	Agata Kapuscinska	Dorking Cycling Club	WVet-A	18:38:00
17	Louisa Cooper	Bournemouth Jubilee Whs	WSen	18:38:30

Event 3: Femmes South DC TT Bike Championship ~ 4 & bit Laps = 10-miles

Femmes Course & Event Record: Angela Carpenter 00:22:14

Num	Rider	Squadra/Team/Club	Cat/Grp	Départ
18	Abigail Cole	Vectis Academy	WSen	18:39:00
19	Lilly Chant	Southampton University Road CC	WSen	18:39:30
20	Christina Dove	a3crg	WVet-D	18:40:00
21	Faye Faber	DRAG2ZERO	WSen	18:40:30

Event 4: The National Youth Championship (South DC Qualifier) (Youth Riders who are under 17 years of age as of the 31st August 2022) ~ 10-miles Event Records (Femme) Sophie Heighton 00:26:22 ~ (Male) Lucas Lovell 00:27:56

Num	Rider	Squadra/Team/Club	Cat/Grp	Départ
22	Amy Clarke	Surrey Cycle Racing League	Femme-11	18:41:00
23	Jaya Martingale	Sotonia CC	Femme-9	18:41:30
24	Rosie Wingate	Solent Pirates Youth CC	Femme-12	18:42:00
25	Isla Hoult	Velo Club Venta	Femme-13	18:42:30
26	Skye Martingale	Sotonia CC	Femme-13	18:43:00
27	Grace Upshall	Poole Wheelers Cycling Club	Femme-13	18:43:30
28	Micah Williams	Chichester Triathlon Club	Youth-14	18:44:00
29	Ethan Skipwith	Velo Club Venta	Youth-13	18:44:30
30	Lucas Lovell	Portsmouth North End CC	Youth-13	18:45:00
31	Sam Martin	Banbury Star Cyclists' Club	Youth-13	18:45:30
32	Oscar Lawrence	Velo Club Venta	Youth-14	18:46:00
33	Dougal Rattray	Chichester Triathlon Club	Jun-16	18:46:30
34	Samuel Hughes	Velo Club Venta	Youth-14	18:47:00
35	Evan Williams	Solent Pirates Youth CC	Youth-15	18:47:30
36	Oscar Hoult	Velo Club Venta	Jun16	18:48:00
37	Ewan Cook	West Wight Wheelers	Youth-14	18:48:30
38	Bobby Buenfeld	Velo Club Venta	Youth-15	18:49:00

Event 5: Heritage Bikes (pre 2001 & Pre 1992 Bikes) 4 & bit Laps 10-miles *Event Records*: (Pre-92) Howard Heighton 00:27:36 ~ Pre 2001 George Turner 00:23:17

Num	Rider	Squadra/Team/Club	Cat/Grp	Départ
39	Vernon Schutte	Farnborough & Camberley CC (pre-92	Vet-F	18:49:30
40	Charlie Hussey	High Wycombe CC	Youth-15	18:50:00
41	Jorj James	LFGSS CC (pre-92)	Vet-D	18:50:30
42	Peter Baker	Lewes Wanderers CC	Vet-E	18:51:00
43	Stuart Martingale	Sotonia CC (pre-92)	Vet-C	18:51:30

Event 6: Men's South DC TT Bike Championship ~ 4 & bit Laps = 10-miles Course & Event Record: Sam Clark 00:19:21

Num	Rider	Squadra/Team/Club	Cat/Grp	Départ
2	David Sharp	Portsmouth Triathletes	Vet-D	18:31:00
3	Ian Hoddle	VC Godalming & Haslemere	Vet-C	18:31:30
4	Michael Banfield	DHC (Districts of Hamwic)	Vet-E	18:32:00
5	Neil Langley	Hampshire Road Club	Vet-B	18:32:30
6	Ben Lowe	Precision Race Team	Sen	18:33:00
7	Ian Sherin	3C Cycle Club	Vet-E	18:33:30
8	Ed Stivala	Team Milton Keynes	Vet-C	18:34:00
9	Terry Wilson	Chichester City Riders	Sen	18:34:30
10	Neil Mackley	a3crg	Vet-D	18:35:00
44	David Donald	Fareham Wheelers CC	Vet-B	18:52:00
45	Robin Johnson	Brighton Mitre CC	Vet-G	18:52:30
46	Kevin Battell	Eastbourne Rovers CC	Vet-D	18:53:00
47	Simon Hall	Crabwood Cycling Club	Vet-C	18:53:30
48	Jeremy Tucker	Fareham Wheelers CC	Vet-D	18:54:00
49	Chris Hughes	Velo Club Venta	Vet-B	18:54:30
50	Robert Giles	PMR	Vet-H	18:55:00
51	Gregory Mead	Endurance Hub Tri Team	Vet-A	18:55:30
52	Mike Marchant	Southdown Velo	Vet-F	18:56:00
53	Tom Cox	Saint Piran	Vet-F	18:56:30
54	Mike Anderson	CC Moncontour	Vet-E	18:57:00
55	John McDonald	trainSharp	Vet-D	18:57:30
56	Roman Lacko	Endurance Hub Tri Team	Vet-B	18:58:00
57	Gary Chiverton	Bournemouth Jubilee Whs	Vet-E	18:58:30
58	Nick Andrews	Portsmouth North End CC	Vet-D	18:59:00
59	Alexander Paul	NAUT Cycling	Vet-A	18:59:30
60	Matt Hill	VC Godalming & Haslemere	Vet-E	19:00:00
61	Brian Molloy	Brighton Excelsior CC	Vet-C	19:00:30
62	William Sawyer	Velo Club St Raphael	Vet-D	19:01:00
63	David Ackerley	Team JMC	Vet-A	19:01:30
64	Paul Martin	NAUT Cycling	Vet-C	19:02:00
65	Simon Berogna	Velo Club St Raphael	Vet-B	19:02:30
66	Graham Harman	Sotonia CC	Vet-C	19:03:00
67	Liam Somerville	a3crg	Sen	19:03:30
68	Nigel Pratt	Velo Club St Raphael	Vet-C	19:04:00
69	Joshua Lahiri	Portsdown Hill CC	Sen	19:04:30
70	Ben Williams	Racing Club Ravenna	Sen	19:05:00
71	Darren Cole	Vectis Academy	Sen	19:05:30
72	Kevin Baker	Velo Club St Raphael	Vet-A	19:06:00
73	David Hodsman	Dulwich Paragon CC	Sen	19:06:30
74	Andy Langdown	a3crg	Vet-C	19:07:00
75	James Griffin	trainSharp	Sen	19:07:30

76	Chris Loake	AeroCoach	Vet-A	19:08:00
77	Will Grace	Endurance Hub Tri Team	Sen	19:08:30
78	Matthew Buckley	Velo Club St Raphael	Sen	19:09:00
79	Tom Clements	Wessex Road Club	Vet-A	19:09:30
80	Scott Warden	Charlotteville Cycling Club	Sen	19:10:00
81	Liam Maybank	Twickenham CC	Vet-C	19:10:30

Event 7: The 3-Up & 4-Up Team Time Trial 4 & bit Laps = 10-miles TTT Procedures:

- 1. If you catch a Team then go past them, don't hang on to the back of them.
- 2. Therefore, if your team is caught fall back, especially at the finish, we are not timing a "bunch finish", NB. There are No Prime Laps!!!
- 3. The Teams "Time" will be taken on the "Third Rider"

Num	Rider	Squadra/Team/Club	Cat/Grp	Départ
86	Jonathan Ley	Chichester City Riders	Sen	19:13:00
86	Ross Kettle	Chichester City Riders	Sen	19:13:00
86	Andrew Hedges	Chichester City Riders	Sen	19:13:00
86	Nick Piner	Chichester City Riders	Vet-A	19:13:00
90	Antonia Foster	Chichester City Riders	WSen	19:15:00
90	Olivia Sloan	Chichester City Riders	WSen	19:15:00
90	Emma Hanlon	Chichester City Riders	WVet-C	19:15:00
90	Karen Nash	Chichester City Riders	WVet-C	19:15:00
94	Chris McGuire	Hampshire Road Club	Vet-D	19:17:00
94	Robert Watson	Hampshire Road Club	Vet-E	19:17:00
94	Derek Dowden	Hampshire Road Club	Vet-E	19:17:00
94	John Isard	Hampshire Road Club	Vet-G	19:17:00
94R	David Mowatt	Hampshire Road Club	Vet-D	
94R	Paul Beck	Hampshire Road Club	Vet-G	
98	Phil Webber	Chichester City Riders	Sen	19:19:00
98	Laurence Brown	Chichester City Riders	Sen	19:19:00
98	Nick Hill	Chichester City Riders	Vet-B	19:19:00
98	Jono Bartle	Chichester City Riders	Vet-C	19:19:00
102	Richard Watson	Chichester City Riders	Sen	19:21:00
102	Adam Coppard	Chichester City Riders	Sen	19:21:00
102	Terry Wilson	Chichester City Riders	Sen	19:21:00
102	Larry Wiltshire	Chichester City Riders	Vet-B	19:21:00

COURSE CONDITIONS & PROTOCOL

We will be calling riders to the start area in batches of ten, please listen out for your number & be ready to go to the start area, it is YOUR responsibility to be in the undercover area in time to race (5min), bearing in mind you are going off at **30 second intervals**. Social distancing must be respected in the start area. The start is approximately halfway along the pit (Number15) lane wall where you will do a standing start. When entering the track please check for other riders, count your laps from the finish point) ignoring the chicane (This is a wall on the track, you must stay to the left of the wall while racing).

Whilst racing we request that you favour the right-hand side of the track & only overtake to the left of a rider in front. All riders need to check it is clear to overtake. There are two left-hand corners (St Marys & down the Levant Straight) where this could be an issue.

We have two marshals on motor bikes driving around the track, looking for lost riders.

At the end of your fourth lap (10 miles it's a good idea to have distance on your device) you will finish in the finish area, this is on **the left-hand side of the track & you will have seen the black coned off area** on previous laps. Ride to the left & into this coned area to finish on the finish line, remembering to call out your race number. Finishing outside the coned area will not give you a finish time.

Once you have finished, please cool down, riding tight to the left-hand side of the track respecting the racing line. Now the complicated bit! At some stage we need you to go to the right-hand side in order to come off the track, but PLEASE do this on the Lavant Straight before the Woodcote corner so you do not affect any other riders, remembering to look before you change sides. At the chicane you must stay to the right of the wall & exit the track. (No extra laps please)

AT THE END OF THE EVENT (Time Trial)

As you exit the track through the gate there will be a box to return your race number, PLEASE. Don't forget to Sign out.

Turbo warm-ups are allowed but please respect other riders car parking. There will be access to the track prior to racing. Please do not leave the inner circuit through the arrival tunnel, if you wish to warm up on the road, then please use the access tunnel to the right of the sign on area.

Spectators are requested to watch from the viewing area above the Pit Lane (Not in the Pit Lane). Coffee, Tea & Cake may be Purchased from the "HORSEBOX" on site (we have been assured it will be open).

Please Respect other Riders Social Distancing even behind the "Bike Shed"

& Lastly, Enjoy your evening & thank you for your support.

Next ...a3crg Open Event Date at Goodwood 2022

Wednesday 27th July 18:30: Events for Youth Road Bikes 9yrs-14yrs – 7.6 miles, Youth 13-15 yrs either road or TT bike -10 miles. Men's 10 mile TT's Road Bike & TT Bikes, Women's 10 mile TT's Road Bike & TT Bikes plus a 10mile event straight from your attic, "Heritage Bikes", seven events in total.

Wednesday 10th August 18:30: The "National Chopper Bike Championship" (One Lap) plus Events for Youth Road Bikes 9yrs-14yrs – 7.6 miles, Youth 13-15 yrs either road or TT bike -10 miles. Men's 10 mile TT's Road Bike & TT Bikes, Women's 10 mile TT's Road Bike & TT Bikes & not forgetting a 10mile event straight from your attic, "Heritage Bikes", eight events in total.

After the 10th August dcb will be back to mowing the lawn & other various tasks around the home, perhaps even a holiday!!!